

KINDERGARTEN CARE



PLAY



DISCOVER



EXPLORE



Kindergarten Care (KCare)

KCare is provided to parents who require a full-day service for their child.

KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **pecially designed environments with carefully chosen resources.**



KCare aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.

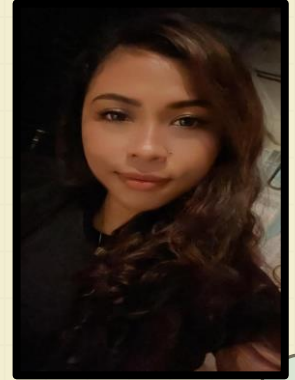
KCare Team of MK@ North View



Ms Zailynnah (PS)



Ms Azura (Centre Supervisor)



Ms Maisarah (PS)



Ms Bavani (PS)



Ms Tristin (PS)

Key Features



Play

Exploration and discovery through play

Importance of play

Large blocks of time for indoor and outdoor play

Importance of continuous periods of time for play (e.g. 1 hour)

Opportunities for mixed-age play

Benefits of mixed-age play and interaction (K1 and K2)

Environment

Children's choice serves as the impetus within the created environment

Benefits of child-initiated play

Specially designed environment and carefully chosen resources

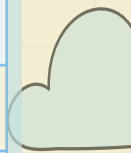
Importance of environment

Programme



Modular Activities provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

Modular Activities	Purpose
Art & Craft Tinkering	<ul style="list-style-type: none">• For children to imagine and create
Cookery	<ul style="list-style-type: none">• For children to develop independence and self-help skills
Music, Movement & Dramatisation	<ul style="list-style-type: none">• For children to develop confidence and communication skills
Gardening (outdoor)	<ul style="list-style-type: none">• For children to find out more about the world around them through varied sensory experiences
Sand & Water (outdoor)	



The KCare Experience

MODULAR ACTIVITIES



Art & Craft



Cookery



Music, Movement & Dramatisation



Tinkering



The KCare Experience

MODULAR ACTIVITIES (Outdoor)



Gardening (Outdoor)



Sand & Water (Outdoor)

Programme

Free Play provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and time is provided for children to be engaged in reading daily.

Indoor Free Play

Construction and
Manipulative Free Play



Dramatic
Free Play



Outdoor Free Play

Outdoor
Free Play



Sand and Water
Free Play



Dedicated Reading Time



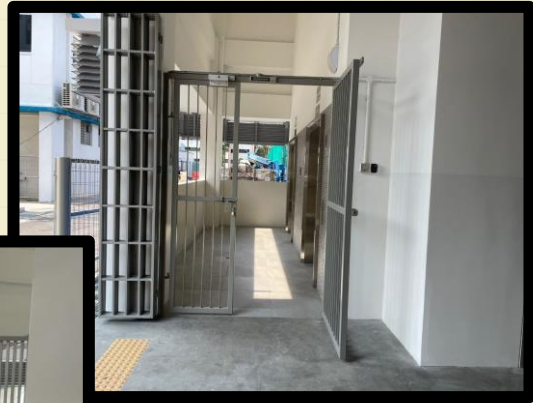
KCare Routines & Environment

HEALTH CHECK AREAS



KCare Routines & Environment

DROP OFF AND PICK UP POINTS



KCare Routines & Environment

HOMEROOMS



K1 Ixora



K1 Hibiscus



KCare Routines & Environment

INDOOR ENVIRONMENT – ACTIVITY ROOMS



KCare Routines & Environment

OUTDOOR ENVIRONMENT

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them.



Upcoming Playground



**Upcoming Sensory Garden with
Sand & Water Play Area**

A TYPICAL DAY

SAMPLE TIMETABLE (AM KCare)

Time	Activity
0700 – 0800	Arrival / Health Check and Breakfast
0800 – 0900	Outdoor Free Play Sessions
0900 – 1000	Modular Activity Session
1000 – 1230	Shower / Nap / Lunch
1230 - 1300	Reading time / Get Ready for MOE Kindergarten
1300 - 1700	MOE Kindergarten
1700 - 1800	Arrival / Health Check and Indoor Free play
1800 - 1900	Daily Reflection/ Quiet Time / Dismissal

Note: KCare resides within MK. Both MK and KCare will work out an arrangement for the handover of children.

A TYPICAL DAY




SAMPLE TIMETABLE (PM KCare)

Time	Activity
0700 – 0800	Arrival and Health Check / Indoor Free Play
0800 - 1200	MOE Kindergarten
1200 - 1230	Arrival and Health Check
1230 – 1430	Lunch / Shower / Nap
1430 - 1500	Afternoon Tea
1500 - 1600	Modular Activity Session
1600 - 1700	Outdoor Free Play
1700 - 1800	Indoor Free Play
1800 - 1900	Daily Reflection/ Quiet Time / Dismissal

Note: KCare resides within MK. Both MK and KCare will work out an arrangement for the handover of children.

HOLIDAY PROGRAMME

SAMPLE TIMETABLE



Time	Activity
0700 - 0800	Arrival / Health Check
0800 - 0830	Breakfast
0830 - 0930	Circle Time/ Focus Value Discussion (including 15 minutes of dedicated reading time)
0930 - 1030	Indoor/Outdoor Modular Activity Session
1030 - 1100	Morning Tea break
1100 - 1200	Indoor Free Play
1200 - 1330	Lunch / Shower
1330 - 1500	Nap / Rest
1500 - 1530	Afternoon Tea break
1530 - 1630	Indoor / Outdoor Modular Activities (including 15 minutes of dedicated reading time)
1630 - 1700	Reading Time
1700 - 1800	Outdoor / Indoor Free Play
1800 - 1900	Daily Reflection/ Indoor Free Play / Quiet Time and Dismissal

*Outdoor activities can only be conducted before 10.30am and after 3.30pm

MEALS AND SAMPLE MENU



Meals will be provided:

- ✓ According to Healthy Meals in Pre-schools Programme (HMPP) guidelines under the Health Promotion Board.
- ✓ Halal and Vegetarian Menu will also be made available.
- ✓ Catered by NEA licensed caterer.
- ✓ at least 2 different sets of weekly menu for rotation.

KCare AM Session	KCare PM Session	KCare Holiday Session
✓ Breakfast ✓ Lunch	✓ Lunch ✓ Afternoon Snack	✓ Breakfast ✓ Morning Snack ✓ Lunch ✓ Afternoon Snack









MEALS AND SAMPLE MENU

 **BIG HEART
KCARE**
@North View
Inspiring Minds • Touching Hearts



Menu - Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Cereal with Milk	Wholemeal Bread with Strawberry Jam	Cereal with Milk	Wholemeal Bread with Margarine	Pandan Cake
  Lunch With seasonal cut fruit	Mixed Grain Rice Steam Fish in Mushroom Soya Sauce Braised Cabbage Wintermelon Soup with Red Dates	Mixed Grain Vegetable Porridge (Cauliflower & Carrot) Chinese Style Braised Chicken with White Carrots and Mushroom	Mixed Grain Rice Baked Teriyaki Chicken Broccoli with Garlic Sauce Clear Corn Soup	Mixed Grain Rice Baked Honey Chicken Luo Han Zai Clear Tomato Soup	Panfried Fish with Spring Onion & Light Sauce Braised Cabbage with Carrots Cabbage Clear Soup
  Lunch (Veg) With seasonal cut fruit	Mixed Grain Rice Braised Cabbage with Tauksee Steam Tofu with Mixed Vegetables	Mixed Grain Porridge Stir Fry Double Mushroom Shanghai Green Honey Vegetarian Char Siew	Mixed Grain Rice Tri Style Spinach Braised Pumpkin	Mixed Grain Rice Stir Fry Chap Chye Steam Tofu with Soy Sauce Braised Vegetarian Chicken with Potatoes	Vegetarian Bee Hoon Luo Han Chai Bean Paste Beancurd
 Teabreak	Wholemeal Bread with Cheese	Wholemeal Cracker with Milk	Pandan Cake	Oats Biscuits with Milk	Vanilla Cup Cake

SCHEDULE FOR FIRST 2 DAYS

For K1 children enrolled in MK in the Morning:

Time	Venue
8.00 to 10.00 am	MK
10.00am to 12.00pm	KCare

For K1 Children enrolled in MK in the Afternoon:

Time	Venue
1.00 to 3.00pm	MK
3.00 to 5.00pm	KCare

KCARE FEE

Monthly Fee for KCare in 2023

Singapore Citizen

\$ 230*

*(*Fee after \$150 basic subsidy)*

Singapore Permanent Resident

\$ 380

COMMUNICATION

We encourage and appreciate frequent communication between the KCare service operator and parents.

Contact us at:



Telephone:

8201 1545



Email:

northview_kcare@shgstudentcare.com.sg



THANK YOU

